



FOR IMMEDIATE RELEASE

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CarFit Helps Mature Drivers Find Their Safest Fit

A community effort to help mature drivers be confident in how well their vehicles ‘fit’ them is set for later this month.

A free CarFit Check is scheduled for 10 a.m. to 1 p.m. Friday, October 28 at Divine Grace Parish, 2535 Rochester Road, Cranberry Township.

Sponsored by AAA East Central, University of Pittsburgh OT Dept., and the Cranberry Township Police Department, the event will educate mature drivers on how to fit in their vehicles, including how to adjust mirrors to minimize blind spots, proper seatbelt use, and how to adjust head restraints.

University of Pittsburgh Occupational Therapy staff and students will take time with drivers after the checklist is complete to review and further discuss any concerns and raise awareness to improve community mobility.

Trained professionals will complete a 12-point CarFit checklist and provide drivers a list of recommended adjustments and adaptations.

The event is free, and no registration is required. For more information, call 412-365-7212.